

NIMAN RANCH HAM

Nutrition Facts		Amount/Serving	% DV*	Amount/Serving	% DV*
Serving Size	3 oz	Total Fat	1.5g	Total Carb.	1g
Calories	101	Sat. Fat	0g	Dietary Fiber	0g
Calories from Fat	14	Trans Fat	0g	Sugars	1g
* Percent Daily Values (DV) are based on a 2,000 calorie diet.		Cholest.	40.5mg	Protein	16.2g
		Sodium	759.4mg		32%

INGREDIENTS: NIMAN RANCH Applewood Smoked Ham (Pork Ham Cured with Water, Salt, Turbinado Sugar, Sodium Phosphate, Celery Powder)

COLD SPRING ORCHARD CIDER GLAZE

Nutrition Facts		Amount/Serving	% DV*	Amount/Serving	% DV*
Serving Size	1 oz	Total Fat	0g	Total Carb.	4.8g
Calories	19	Sat. Fat	0g	Dietary Fiber	0g
Calories from Fat	0	Trans Fat	0g	Sugars	4g
* Percent Daily Values (DV) are based on a 2,000 calorie diet.		Cholest.	0mg	Protein	0g
		Sodium	3.1mg		0%

INGREDIENTS: Local Apple Cider, Pure Maple Syrup, Water, Corn Starch, Cinnamon Sticks
ALLERGENS: Corn

SOUTHERN MACARONI & CHEESE

Nutrition Facts		Amount/Serving	% DV*	Amount/Serving	% DV*
Serving Size	4 oz	Total Fat	7.5g	Total Carb.	18.2g
Calories	163	Sat. Fat	4.2g	Dietary Fiber	0.7g
Calories from Fat	68	Trans Fat	0g	Sugars	3.2g
* Percent Daily Values (DV) are based on a 2,000 calorie diet.		Cholest.	20.2mg	Protein	6.4g
		Sodium	76.6mg		3%

INGREDIENTS: Mapleline Whole Milk, BARILLA Elbow Macaroni (Semolina (Wheat), Durum Flour, Niacin, Iron (Ferrous Sulfate), Thiamine Mononitrate, Riboflavin, Folic Acid. This Product is Manufactured on Equipment that Processes Products Containing Eggs), Vermont Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Potato Starch, Corn Starch, Calcium Sulfate (To Prevent Caking), Natamycin (Natural Mold Inhibitor)), Local Unsalted Butter (Cream (Milk), Natural Flavoring), All Purpose Flour (Bleached Wheat Flour, Malted Barley Flour (Contains Wheat, May Contain Corn), Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), White Ground Pepper, Dry Mustard (Ground Mustard Seeds), Pan Spray (GOLD N'SWEET: Canola Oil, Caprylic/Caprylic Triglycerides, Phosphated Mono and Diglycerides [Corn], Silicon Dioxide, Calcium Stearate and Non-Chlorofluorocarbon Propellant
WHITE CAP BRAND: Canola Oil, Caprylic/Capric Triglycerides, Phophated Mono and Diglycerides [Corn], Silicon Dioxide, Calcium Stearate, Propellant)
ALLERGENS: Milk, Eggs, Gluten, Corn

Mushroom Stroganoff with Egg Noodles

Nutrition Facts		Amount/Serving	% DV*	Amount/Serving	% DV*
Serving Size	6 oz	Total Fat	15.7g	24%	Total Carb. 69.5g
Calories	478	Sat. Fat	6.7g	34%	Dietary Fiber 3.6g
Calories from Fat	141	Trans Fat	0.1g		Sugars 3.1g
* Percent Daily Values (DV) are based on a 2,000 calorie diet.		Cholest.	96.6mg	32%	Protein 14.2g
		Sodium	98.6mg	4%	

INGREDIENTS: Portabella Mushroom Stroganoff (Local Yellow Onions, 2% Milk, Portabella Mushrooms, Organic Vegetable Broth (Vegetable Broth (Water and Concentrated Juices of Carrot, Onion, Celeriac), Contains less than 2% of the following: Sea Salt, Natural Flavoring, Vegetables (Carrots, Onions, Celery), Pear Juice Concentrate, Cane Juice, Yeast Extract, Dehydrated Carrots, Dehydrated Onions, Potato Flour, Black Pepper), Sour Cream (Cultured Milk, Cream, Modified Corn Starch, Guar Gum, Sodium Citrate, Carageenan, Locust Bean Gum), Local Unsalted Butter (Cream (Milk), Natural Flavoring), All Purpose Flour (Bleached Wheat Flour, Malted Barley Flour (Contains Wheat, May Contain Corn), Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Canola Oil, Garlic Cloves, Ground Black Pepper, Kosher Salt), Egg Noodle Pasta (Egg Noodles (Semolina, Durum Flour, Eggs, Niacin, Iron (Ferrous Sulfate), Thiamine Mononitrate, Riboflavin, and Folic Acid), Fresh Parsley, Canola Oil)
ALLERGENS: Milk, Eggs, Gluten, Corn

GARLIC MASHED POTATOES

Nutrition Facts		Amount/Serving	% DV*	Amount/Serving	% DV*
Serving Size	3 oz	Total Fat	3.8g	6%	Total Carb. 13.2g
Calories	96	Sat. Fat	2.4g	12%	Dietary Fiber 1g
Calories from Fat	34	Trans Fat	0g		Sugars 0.3g
* Percent Daily Values (DV) are based on a 2,000 calorie diet.		Cholest.	10.9mg	4%	Protein 1.8g
		Sodium	66mg	3%	

INGREDIENTS: Yukon Gold Potatoes, Half & Half (Milk, Cream, Disodium Phosphate, Sodium Citrate), Local Unsalted Butter (Cream (Milk), Natural Flavoring), Fresh Chives, Kosher Salt, Garlic Powder, White Ground Pepper
ALLERGENS: Milk

MASHED SWEET POTATOES WITH PECANS

Nutrition Facts		Amount/Serving	% DV*	Amount/Serving	% DV*
Serving Size	3 oz	Total Fat	8.2g	13%	Total Carb. 16.9g
Calories	145	Sat. Fat	3.5g	18%	Dietary Fiber 2.6g
Calories from Fat	74	Trans Fat	0.1g		Sugars 5.2g
* Percent Daily Values (DV) are based on a 2,000 calorie diet.		Cholest.	14.5mg	5%	Protein 1.6g
		Sodium	163.5mg	7%	

INGREDIENTS: Diced Local Sweet Potatoes, Heavy Cream, Local Unsalted Butter (Cream (Milk), Natural Flavoring), Chopped Pecans, Pure Maple Syrup, Pure Maple Syrup, Kosher Salt, Ground Cinnamon
ALLERGENS: Milk, Tree Nuts

BRUSSELS SPROUTS W/BACON & SHALLOTS

Nutrition Facts		Amount/Serving	% DV*	Amount/Serving	% DV*
Serving Size	3 oz	Total Fat	6g	Total Carb.	7.6g
Calories	96	Sat. Fat	2g	Dietary Fiber	2.9g
Calories from Fat	54	Trans Fat	0g	Sugars	2.2g
		Cholest.	8.2mg	Protein	5.2g
		Sodium	286.8mg		

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Local Brussels Sprouts, Shallots, HORMEL Bacon (Pork Cured with Water, Salt, Sugar, Dextrose [Corn], Sodium Erythorbate, Sodium Nitrite), Extra Virgin Olive Oil, Ground Black Pepper, Kosher Salt
ALLERGENS: Corn

MIXED GREENS WITH BEETS AND FENNEL

Nutrition Facts		Amount/Serving	% DV*	Amount/Serving	% DV*
Serving Size	4 oz	Total Fat	1.5g	Total Carb.	9.5g
Calories	53	Sat. Fat	0.1g	Dietary Fiber	2.4g
Calories from Fat	14	Trans Fat	0g	Sugars	5.8g
		Cholest.	0mg	Protein	1.6g
		Sodium	63.7mg		

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Fennel Bulbs, LITTLE LEAF Local Spring Mix (Arugula, Green Leaf Lettuce, Multiblend Lettuce, Red Chard, Red Leaf Lettuce), Local Beets, Fresh Red Onions, Local Honey, Canola Oil

BALSAMIC DRESSING

Nutrition Facts		Amount/Serving	% DV*	Amount/Serving	% DV*
Serving Size	1 tbsp	Total Fat	5g	Total Carb.	1.7g
Calories	51	Sat. Fat	0.7g	Dietary Fiber	0g
Calories from Fat	45	Trans Fat	0g	Sugars	1.3g
		Cholest.	0mg	Protein	0.4g
		Sodium	45.4mg		

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Greek Balsamic Vinegar (Balsamic Vinegar [fermented into wine]), Extra Virgin Olive Oil, Grey Poupon Mustard (Water, Vinegar, Mustard Seed, Salt, White Wine, Fruit Pectin, Citric Acid, Tartaric Acid, Sugar, Spice), Water, MIN MAID Orange Juice Concentrate (100% Pure Squeezed Frozen Orange Juice Concentrate), Ground Black Pepper

ALMOND COOKIES

Nutrition Facts

Serving Size 1 each

Calories 109

Calories from Fat 54

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

Amount/Serving	% DV*	Amount/Serving	% DV*
Total Fat 6g	9%	Total Carb. 12.6g	
Sat. Fat 2g	10%	Dietary Fiber 0.5g	2%
Trans Fat 0g		Sugars 6.6g	
Cholest. 6.5mg	2%	Protein 1.2g	
Sodium 73.6mg	3%		

INGREDIENTS: Almond Cookies (Cake Flour (Bleached Wheat Flour, Iron, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), Granulated Sugar (100% Cane Sugar), CRISCO Shortening (Soybean Oil, Fully Hydrogenated Palm Oil, Mono and Diglycerides [Corn], TBHQ and Citric Acid [Antioxidants]), Dark Chocolate Truffle (Sugar, Vegetable Oil [Palm Kernel, Palm], Cocoa, Soy Lecithin, Sorbitan Tristearate, Natural Flavors [Milk], Salt, Tocopherol), Fresh Cage Free Eggs, Whole Almonds, Water, Almond Extract (Natural and Artificial Flavor [Tree Nuts], Water, Alcohol), Baking Powder (Baking Soda (leavening), Cornstarch, Sodium Aluminum Sulfate (leavening), Calcium Sulfate, Monocalcium Phosphate (leavening)), Salt)

ALLERGENS: Milk, Eggs, Tree Nuts, Gluten, Soy, Corn

GINGERBREAD ROULADE CAKE (8 SLICES/CAKE)

Nutrition Facts

Serving Size 1/8 each

Calories 173

Calories from Fat 64

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

Amount/Serving	% DV*	Amount/Serving	% DV*
Total Fat 7.1g	11%	Total Carb. 25.7g	
Sat. Fat 5.8g	29%	Dietary Fiber 0.3g	1%
Trans Fat 0g		Sugars 16.9g	
Cholest. 36.3mg	12%	Protein 2.3g	
Sodium 67.2mg	3%		

INGREDIENTS: Gingerbread Roulade Cake (Whipped Topping (Water, Hydrogenated Vegetable Oil (Palm, Palm Kernel, Coconut and/or Cottonseed), High Fructose Corn Syrup, Contains less than 2% of the following: Carbohydrate Gum, Polysorbate 60, Salt, Polyglycerol, Esters of Fatty Acids, Soy Lecithin, Disodium Phosphate, Sodium Citrate, Xanthan Gum (Corn), Artificial Flavor, Natural Flavor, Colored with Turmeric and Annatto Extracts), All Purpose Flour (Wheat Flour, Malted Barley, Niacin, Iron, Thiamine, Riboflavin, Folic Acid), Pasteurized Egg Whites (Egg Whites, Guar Gum and Triethyl Citrate), Water, Local Honey, Light Molasses (Unsulphured Molasses, Gluten Free), Egg Yolk (Egg Yolks, Sugar), Granulated Sugar (100% Cane Sugar), Donut Powdered Sugar (Dextrose, Corn Starch, Partially Hydrogenated Vegetable Oil (Soybean and/or Cottonseed Oil), Titanium Dioxide (as Color), Rice Flour, Hydrogenated Cottonseed Oil, Artificial Flavor, Manufactured on equipment that processes items containing Wheat, Eggs, Milk and Soy), Chocolate Santa/Tree (Sugar, Cocoa Butter, Full Cream Milk Powder, Skim Milk Powder, Cocoa Mass, Soy Lecithin, Natural Vanilla Flavor, Santa has coloring from: Carmine [animal based] and Curcumin, Manufactured in a facility that processes Milk, Soy, Tree Nuts, Gluten & Eggs), Local Unsalted Butter (Pasteurized Cream, Natural Flavors), Snowflake Chocolate Decals (Cocoa Paste, Sugar, Cocoa Butter, Natural Vanilla, Cocoa Butter, Sugar, Titanium Dioxide [color], Processed on equipment with soy and milk products.), Square Decorated Chocolate (Dark Chocolate [Cocoa Paste, Sugar, Cocoa Butter, Natural Vanilla Flavor], Cocoa Butter, Sugar, Colors FD&C Yellow #5 and #6 Aluminum Lake, Titanium Dioxide, Red #40 Aluminum Lake, Blue #2 Aluminum Lake, Turmeric Oleoresin, Carmine [animal based], Manufactured on equipment processing Milk and Soy), Ground Cinnamon, Baking Soda, Ground Cinnamon, Ground Ginger (Ginger and Sulfur Dioxide (Added to Retain Color)), Kosher Salt, Baking Pan Spray (Canola Oil, Capric/Caprylic Triglycerides, Phosphated Mono and Diglycerides [Corn], Silicone Dioxide, Calcium Stearate, and Propellant))

ALLERGENS: Milk, Eggs, Gluten, Soy, Corn

CRANBERRY GRAIN BREAD (18 SLICES/LOAF)

Nutrition Facts		Amount/Serving	% DV*	Amount/Serving	% DV*
Serving Size	1 slice	Total Fat	0.8g	1%	Total Carb. 17.5g
Calories	88	Sat. Fat	0.1g	0%	Dietary Fiber 1.6g
Calories from Fat	7	Trans Fat	0g		Sugars 4.7g
		Cholest.	0mg	0%	Protein 2.9g
		Sodium	167.3mg	7%	

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Cranberry Grain Bread (Hi Gluten Bread Flour (Bleached Wheat Flour, Malted Barley Flour (Contain Wheat, May Contain Corn), Niacin, Iron, Potassium, Bromate, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Dried Craisins (Cranberries, Sugar, Sunflower Oil), Whole Grain Blend (Sunflower Seeds, Pumpkin Seeds, Flaxseed, Whole Grain Rye Kernel, Wheat Berries, Malted Wheat Flakes, Millet, Pearled Barley, Organic Corn Grits, Cracked Buckwheat, Salt, Manufactured on a line that processes soy), Sponge Starter (Full Strength Bread Flour (Bleached Wheat Flour, Malted Barley Flour (may contain corn), Niacin, Iron, Potassium Bromate, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Yeast), Cracked Wheat Base (Cracked Wheat, Dried Honey, Wheat Germ, Wheat Flour, Rye Malt, Manufactured in a Facility that also Processes Soy Ingredients), White Whole Wheat Flour, Country French Base (Natural Wheat Sour, Salt, Rye Flour, Wheat Gluten, Malted Barley Flour, Sunflower Lecithin, Ascorbic Acid, Enzymes), Granulated Sugar, Local Honey, Local Cornmeal, Yeast, Orange Zest (Chopped Orange Peels, Cane Sugar, Natural Orange Flavor))

ALLERGENS: Gluten, Soy, Corn