

UMass Holiday Meal: December 2024

MASHED POTATOES AND CHIVES

Nutrition Facts	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
	Total Fat 4.2g	5%	Total Carb. 13.2g	10%	
1 servings per container	Saturated Fat 2.7g		Dietary Fiber 0g	0%	
Serving Size	<i>Trans</i> Fat 0g		Total Sugars 0.3g		
3 oz	Cholesterol 12mg		Includes 0g Added Sugars		
Calories 100	Sodium 65.1mg	3%	Protein 1.7g		
per serving					

INGREDIENTS: Local Yukon Gold Potatoes, Half & Half (Milk, Cream, Disodium Phosphate, Sodium Citrate), Local Unsalted Butter (Cream (Milk), Natural Flavoring), Fresh Chives, Kosher Salt, Garlic Powder

ALLERGENS: Milk

QUEEN'S FARMER CHEESE & POTATO PIEROGI WITH LOCAL SAUERKRAUT

Nutrition Facts	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
	Total Fat 8.6g	11%	Total Carb. 15.9g	12%	
8 servings per container	Saturated Fat 5.2g		Dietary Fiber 0.7g	2%	
Serving Size	<i>Trans</i> Fat 0g		Total Sugars 0.3g		
1 each	Cholesterol 23.5mg		Includes 0g Added Sugars		
Calories 156	Sodium 170.5mg	7%	Protein 3g		
per serving					

INGREDIENTS: QUEEN'S Farmer Cheese & Potato Pierogi (Potatoes, Enriched Wheat Flour [Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Farmer Cheese [Cultured Low Fat Milk, Salt], Butter [Pasteurized Cream], Cream Cheese [Pasteurized Milk and Cream, Cheese Culture, Salt, Guar Gum, Carob Bean Gum, Xanthan Gum], Ricotta Cheese [Pasteurized Whole Milk, Vinegar, Salt], Canola Oil, Corn Starch, Eggs, Sugar, Onions, Annatto Peppers Extract Color. May contain Soy), Local Sauerkraut (Filtered Water, Beets, Onion, Cabbage, Unrefined Sea Salt, Rosemary), Local Unsalted Butter (Cream (Milk), Natural Flavoring)

ALLERGENS: Milk, Eggs, Gluten, Corn, Wheat

CABOT VERMONT MACARONI & CHEESE

<h2 style="margin: 0;">Nutrition Facts</h2> <p style="margin: 0;">8 servings per container</p> <p style="margin: 0;">Serving Size 4 oz</p> <hr/> <p style="margin: 0;">Calories 213</p> <p style="margin: 0;">per serving</p>	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*	<p>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</p>
	Total Fat 12.6g	16%	Total Carb. 17g	13%	
	Saturated Fat 7.4g		Dietary Fiber 0.8g	2%	
	Trans Fat 0g		Total Sugars 2.4g		
Cholesterol 38mg		Includes 0g Added Sugars			
Sodium 249.5mg	11%	Protein 8.2g			

INGREDIENTS: Mapleline Whole Milk, Elbow Macaroni (Semolina (Wheat), Niacin, Iron (Ferrous Sulfate), Thiamin Mononitrate, Riboflavin, and Folic Acid), CABOT Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Microbial Enzymes. Potato Starch, Corn Starch, Calcium Sulfate), Local Unsalted Butter (Cream (Milk), Natural Flavoring), PHILADELPHIA Cream Cheese (Pasteurized Milk and Cream, Salt, Carob Bean Gum, Cheese Culture), Sliced American Cheese (Milk, Cream, Water, Sodium Citrate, Salt, Cheese Culture, Sorbic Acid, Enzymes, Citric Acid, Soy Lecithin), All Purpose Flour (GOLD MEDAL: Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Yellow Mustard (Distilled Vinegar, Water, #1 Grade Mustard Seed, Salt, Turmeric, Paprika, Spice, Natural Flavor & Garlic Powder), Garlic Cloves, Kosher Salt, White Ground Pepper

ALLERGENS: Milk, Gluten, Soy, Corn, Wheat

ROASTED SWEET POTATOES W/SAGE & PEPITAS

<h2 style="margin: 0;">Nutrition Facts</h2> <p style="margin: 0;">1 servings per container</p> <p style="margin: 0;">Serving Size 3 oz</p> <hr/> <p style="margin: 0;">Calories 101</p> <p style="margin: 0;">per serving</p>	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*	<p>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</p>
	Total Fat 3.6g	5%	Total Carb. 15.6g	12%	
	Saturated Fat 0.5g		Dietary Fiber 2.1g	6%	
	Trans Fat 0g		Total Sugars 3.3g		
Cholesterol 0mg		Includes 0g Added Sugars			
Sodium 134.8mg	6%	Protein 2g			

INGREDIENTS: Local Sweet Potatoes, Cipollini Onions, Pumpkin Seeds (Pepitas) (100% Pumpkin Seeds), Garlic Cloves, Extra Virgin Olive Oil, Fresh Sage, Kosher Salt, Extra Virgin Olive Oil, Extra Virgin Olive Oil, Paprika (Paprika and Silicon Dioxide), Ground Black Pepper, Kosher Salt, Ground Black Pepper

ALLERGENS: None

GREEN BEANS WITH GARLIC HERB BUTTER

<h2 style="margin: 0;">Nutrition Facts</h2> <p style="margin: 0;">8 servings per container</p> <p style="margin: 0;">Serving Size 3 1/4 oz</p> <hr/> <p style="margin: 0;">Calories 82</p> <p style="margin: 0;">per serving</p>	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*	<p>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</p>
	Total Fat 6.3g	8%	Total Carb. 6.1g	5%	
	Saturated Fat 3.2g		Dietary Fiber 2.3g	7%	
	Trans Fat 0g		Total Sugars 2.7g		
Cholesterol 12.5mg		Includes 0g Added Sugars			
Sodium 454mg	20%	Protein 1.6g			

INGREDIENTS: Snipped Green Beans, Herbed Garlic Butter (Local Unsalted Butter (Cream (Milk), Natural Flavoring), Garlic Cloves, Fresh Parsley, Kosher Salt, Fresh Thyme, Rosemary), Extra Virgin Olive Oil, Kosher Salt, Ground Black Pepper

ALLERGENS: Milk

SPICED MAPLE & THYME ROASTED BUTTERNUT SQUASH

Nutrition Facts	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		
	Total Fat	0.9g	1%	Total Carb.		12.1g	9%
	Saturated Fat	0.1g		Dietary Fiber		1.7g	5%
1 servings per container	<i>Trans</i> Fat	0g		Total Sugars	4g		
Serving Size	Cholesterol	0mg		Includes 2.2g Added Sugars			
3 oz	Sodium	84.9mg	4%	Protein	0.8g		
Calories							
per serving	53						

INGREDIENTS: Diced Local Butternut Squash, Local Pure Maple Syrup, Extra Virgin Olive Oil, Fresh Thyme, Kosher Salt, White Ground Pepper, Paprika (Paprika and Silicon Dioxide), Mild Chili Powder (Chili Pepper, Spices, Salt, Silicon Dioxide, Garlic), Ground Cinnamon, Ground Nutmeg

ALLERGENS: None

LITTLE LEAF SALAD WITH ALMONDS, BLUE CHEESE, CRAISINS & ROASTED PEARS

Nutrition Facts	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		
	Total Fat	7.2g	9%	Total Carb.		12.7g	10%
	Saturated Fat	1.5g		Dietary Fiber		1.1g	3%
8 servings per container	<i>Trans</i> Fat	0g		Total Sugars	8.8g		
Serving Size	Cholesterol	4.3mg		Includes 0g Added Sugars			
2 1/2 oz	Sodium	117.9mg	5%	Protein	4.2g		
Calories							
per serving	125						

INGREDIENTS: Spring Mix (LITTLE LEAF Local Spring Mix [Arugula, Green Leaf Lettuce, Multiblend Lettuce, Red Chard, Red Leaf Lettuce]), Beets, (Chioggia Beets, Canola Oil, Cracked Black Pepper, Kosher Salt), Craisins Dried Craisins (Cranberries, Sugar, Refined Sunflower Oil), Sliced Almonds (Almonds, Blanched), Great Hill Blue Cheese (Raw Cow's Milk, Salt, Enzymes, Cheese Cultures, Penicillium Roqueforti)

ALLERGENS: Milk, Tree Nuts

CIDER HONEY VINAIGRETTE

Nutrition Facts	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
	Total Fat 7.9g	10%	Total Carb. 0.7g	1%	
16 servings per container	Saturated Fat 0.8g		Dietary Fiber 0.1g	0%	
Serving Size 1 tbsp	<i>Trans</i> Fat 0g		Total Sugars 0.5g		
Calories 72 per serving	Cholesterol 0mg		Includes 0.4g Added Sugars		
	Sodium 109.2mg	5%	Protein 0g		

INGREDIENTS: Canola Oil, Local Apple Cider Vinegar, Extra Virgin Olive Oil, Local Honey, Ground Black Pepper, Kosher Salt, Grey Poupon Dijon Mustard (Distilled White Vinegar, Mustard Seed, Water, Salt, White Wine, Citric Acid, Tartaric Acid, Fruit Pectin, Sugar, Spices), Shallots

ALLERGENS: None

CHEESECAKE PIE (10/PIE)

Nutrition Facts	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
	Total Fat 18.5g	24%	Total Carb. 26.3g	20%	
1 servings per container	Saturated Fat 10.7g		Dietary Fiber 0g	0%	
Serving Size 1 each	<i>Trans</i> Fat 0.4g		Total Sugars 17.9g		
Calories 283 per serving	Cholesterol 62.2mg		Includes 15.4g Added Sugars		
	Sodium 214.8mg	9%	Protein 4.5g		

INGREDIENTS: NY Style Cheesecake (Cream Cheese (Pasteurized Milk and Cream, Salt, Carob Bean Gum, Cheese Culture. SUB (Natures Best): Pasteurized Milk & Cream, Cheese Culture, Salt, Guar Gum, Carob Bean Gum, Xanthan Gum), Granulated Sugar, CABOT Sour Cream (Cultured Pasteurized Light Cream, Nonfat Milk and Enzymes), Fresh Cage Free Eggs, Egg Yolk (Egg Yolks, Sugar), Corn Starch (Corn Starch), KEEBLER Graham Cracker Shell (Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Vitamin B1 [Thiamin Mononitrate], Vitamin B2 [Riboflavin], Folic Acid), Palm and Palm Kernel Oil with TBHQ for freshness, Sugar, Graham Flour, Corn Syrup, Molasses, Contains 2% or less of Salt, Leavening (Baking Soda, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Malt Extract, Soy Lecithin), Imitation Vanilla Flavouring (CONCORD FOOD: Water, Propylene Glycol, Caramel Color, Artificial Flavor. HERITAGE OVENS: Water, Vanillin, Caramel Color, Ethyl Vanillin, Citric Acid, Sodium Benzoate))

ALLERGENS: Milk, Eggs, Gluten, Soy, Corn, Wheat

HOMEMADE CHERRY TOPPING

Nutrition Facts	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
	Total Fat 0.1g	0%	Total Carb. 10.3g	8%	
8 servings per container	Saturated Fat 0g		Dietary Fiber 0.4g	1%	
Serving Size 1 oz	Trans Fat 0g		Total Sugars 8.8g		
Calories per serving	Cholesterol 0mg		Includes 6.4g Added Sugars		
	Sodium 3.1mg	0%	Protein 0.2g		

40

INGREDIENTS: Cherry Compote (Whole Cherries, Granulated Sugar, Corn Starch, Imitation Vanilla Flavouring (CONCORD FOOD: Water, Propylene Glycol, Caramel Color, Artificial Flavor. HERITAGE OVENS: Water, Vanillin, Caramel Color, Ethyl Vanillin, Citric Acid, Sodium Benzoate), Lemon Juice (Lemon Juice from Concentrate, Lemon Oil, Less than 1/50 of Sodium Meta Bisulfate & Sodium Benzoate))

ALLERGENS: Corn

POTATO ROSEMARY BREAD (10/LOAF)

Nutrition Facts	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
	Total Fat 1.1g	1%	Total Carb. 24g	18%	
10 servings per container	Saturated Fat 0.2g		Dietary Fiber 1.4g	4%	
Serving Size 1 slice	Trans Fat 0g		Total Sugars 0.5g		
Calories per serving	Cholesterol 0mg		Includes 0.5g Added Sugars		
	Sodium 245.8mg	11%	Protein 4.7g		

130

INGREDIENTS: Potato Rosemary Bread (High Gluten Bread Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Potassium Bromate, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Mashed Potatoes (Potatoes, Water, Margarine (Liquid and Hydrogenated Soybean Oil, Water, Salt, Contains less than 2% of Vegetable Mono and Diglycerides, Soy Lecithin, Citric Acid, Natural and Artificial Flavor, Vitamin A Palmitate added), Nonfat Milk and Nonfat Milk Solids, Salt, Potassium Sorbate, Titanium Dioxide, Sodium Acid Pyrophosphate, Modified Corn Starch, Glucono Delta Lactone, Xanthan Gum), Active Dry Yeast (Yeast, Sorbitan Monostearate, Ascorbic Acid), California Sourdough Conditioner (Wheat Flour, Salt, Fumaric Acid with Partially Hydrogenated Soybean Oil, Sodium Diacetate, DATEM (May Contain Corn and/or Soy), Lactic Acid, Soybean Oil, Silicon Dioxide, Ascorbic Acid, L-Cysteine, Azodicarbonamide (ADA), Enzymes), Extra Virgin Olive Oil, Granulated Sugar, Rosemary Leaf, Salt (Salt, Sodium Silicoaluminate, Sodium Thiosulfate, Potassium Iodide), Ground Black Pepper, Pan Spray (Canola Oil, Caprylic/Capric Triglycerides, Phosphated Mono and Diglycerides [Corn], Silicon Dioxide, Calcium Stearate, Propellant))

ALLERGENS: Milk, Gluten, Soy, Corn, Wheat

OPTIONAL PURCHASES:

NORTH COUNTRY APPLEWOOD HAM

Nutrition Facts	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
	Total Fat 1.2g	1%	Total Carb. 0.8g	1%	
1 servings per container	Saturated Fat 1g		Dietary Fiber 0g	0%	
Serving Size	<i>Trans</i> Fat 0g		Total Sugars 0.5g		
3 oz	Cholesterol 28.5mg		Includes 0g Added Sugars		
Calories	Sodium 441.8mg	19%	Protein 15.3g		
per serving	75				

INGREDIENTS: Applewood Smoked Spiral Ham (Organic Pork, Water, Sea Salt, Organic Turbinado Sugar, Organic Vinegar, Organic Cultured Celery Powder (Organic Celery Powder, Sea Salt), Organic Maple Syrup, Cherry Powder (Cherry Powder, Potato Maltodextrin)), Applewood Uncured Smoked Maple Ham (Pork, Water, Maple Syrup, Vinegar, Sodium Phosphate, Cultured Onion Powder (Cultured Onion Powder, Sea Salt), Sodium Nitrate, Salt, Cane and Maple Sugars, Sodium Erythorbate, Spice Extracts)
ALLERGENS: Corn

COLD SPRING ORCHARD APPLE CIDER GLAZE

Nutrition Facts	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
	Total Fat 0g	0%	Total Carb. 4.7g	4%	
16 servings per container	Saturated Fat 0g		Dietary Fiber 0g	0%	
Serving Size	<i>Trans</i> Fat 0g		Total Sugars 4g		
1 oz	Cholesterol 0mg		Includes 1g Added Sugars		
Calories	Sodium 3.1mg	0%	Protein 0g		
per serving	19				

INGREDIENTS: Local Apple Cider (Apples), Local Pure Maple Syrup, Water, Corn Starch (Corn Starch), Cinnamon Sticks
ALLERGENS: Corn

EGG NOG

Nutrition Facts	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
	Total Fat 6g	8%	Total Carb. 20.1g	15%	
8 servings per container	Saturated Fat 5g		Dietary Fiber 0g	0%	
Serving Size	<i>Trans</i> Fat 0g		Total Sugars 18.1g		
4 oz	Cholesterol 30.1mg		Includes 11g Added Sugars		
Calories	Sodium 90.4mg	4%	Protein 5g		
per serving	161				

INGREDIENTS: MAPLELINE FARMS Eggnog (Whole Milk, Heavy Cream, Egg Nog Base (Sugar, Pasteurized Sugared Egg Yolks, Water, Natural Flavors, Spice (Nutmeg), Annatto Extract, Turmeric Oleoresin, Sugar, Skim Milk Powder, Stabilizer (Sugar, Dextrose, Carrageenan, Guar Gum))
ALLERGENS: Milk, Eggs, Corn

GINGERBREAD COOKIE KIT

<h2 style="margin: 0;">Nutrition Facts</h2> <p style="margin: 0;">6 servings per container</p> <p style="margin: 0;">Serving Size 1 each</p> <hr style="border: 0.5px solid black;"/> <p style="margin: 0;">Calories 505</p> <p style="margin: 0;">per serving</p>	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*	<p>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</p>		
	Total Fat	11.9g	15%	Total Carb.		97.1g	75%
	Saturated Fat	2.6g		Dietary Fiber		0.1g	0%
	<i>Trans</i> Fat	0g		Total Sugars		69g	
	Cholesterol	10mg		Includes 49.1g Added Sugars			
Sodium	394.9mg	17%	Protein	5g			

INGREDIENTS: Gingerbread Cookie Kit (Gingerbread Cookie (Enriched Bleached Wheat Flour [Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Sugar, Water, Soybean Oil, Dried Molasses [Molasses, Wheat Starch, Sunflower Lecithin, Soy Bran, Cornstarch], Dextrose, Leavening [Baking Soda, Sodium Acid Pyrophosphate], Whole Egg Solids, Salt, Soy Flour, Spices. Dried Egg Albumin. Manufactured on Equipment Exposed to Dairy (Milk) Products), Royal Icing (Confectionary Sugar (Sugar, Cornstarch), Light Corn Syrup (Corn Syrup, High Fructose Corn Syrup, Water, Salt, Natural and Artificial Vanilla Flavor), Water, Lemon Juice (Lemon Juice from Concentrate, Lemon Oil, less than 1/50 of Sodium Meta Bisulfate & Sodium Benzoate), Red Food Coloring (MCCORMICK: Water, Propylene Glycol, FD&C Red No. 40, FD&C Red No. 3, and Propyl Paraben), Blue Food Coloring (Water, Sugar, May contain one or more of the following U.S. Certified Colors (Red 40, Red 3, Yellow 5, Yellow 6, Blue 1 & Blue 2), or (Titanium Dioxide), Modified Corn Starch, Vegetable Gum, Citric Acid and less than 1/10 of 1% Sodium Benzoate and Potassium Sorbate), Green Food Coloring (Water, Sugar, May contain one or more of the following U.S. Certified Food Colors: Red 40, Red 3, Yellow 5, Yellow 6, Blue 1, Blue 2, or Titanium Dioxide, Modified Corn Starch, Vegetable Gum, Citric Acid and less than 1/10 of 1% Sodium Benzoate and Potassium Sorbate)), M&M Baking Bits (Milk Chocolate [Sugar, Chocolate, Skim Milk, Cocoa Butter, Lactose, Milkfat, Soy Lecithin, Salt, Artificial & Natural Flavors], Sugar, Less than 2% of: Coloring [Including Blue Lake 1, Red 40, Yellow 6, Yellow 5, Blue 1, 2 Lake, Red 40 Lake, Yellow 6 Lake, Yellow 5 Lake, Blue 2 Lake, Blue 2], Corn Syrup, Dextrin, Cornstarch. May contain Peanuts), Red, White & Green Sprinkles (Sugar, Hydrogenated Palm Kernel Oil, Corn Starch, Sunflower Lecithin, FD&C Colors [Blue #1 Lake, Yellow #5 Lake, Red #40 Lake], Maltodextrin, Carnauba Wax, Vanillin, Cellulose Gum), Red & Green Tree Sprinkles (Sugar, Rice Flour, Water, Palm Oil, Contains less than 2% of Blue 1, Carnauba Wax, Cellulose Gum, Corn Starch, Ethanol, Glucose Powder, Glycerin, Gum Arabic, Red 40, Red 40 Lake, Tapioca Starch, Xanthan Gum, Yellow 5))

ALLERGENS: Milk, Eggs, Peanuts, Gluten, Soy, Corn, Wheat

NOTE: M&Ms may contain peanuts

Allergens in December's Holiday Box Meal

Item	Milk	Egg	Gluten/ Wheat	Soy	Corn	Peanut	Tree Nuts	Fish/ Shellfish	Sesame
Mashed Potatoes and Chives	X								
Queen's Pierogi w/Sauerkraut	X	X	X		X				
Homemade Macaroni & Cheese	X		X	X	X				
Roasted Sweet Potatoes w/Sage & Pepitas									
Green Beans w/Garlic Herb Butter	X								
Spiced Maple & Thyme Butternut Squash									
Salad w/Craisins, Almond, Bleu Cheese	X						X		
Cider Honey Vinaigrette									
Cheesecake Pie	X	X	X	X	X				
Cherry Topping					X				
Potato Rosemary Bread	X		X	X	X				
Ham					X				
Apple Cider Glaze for Ham					X				
Gingerbread Cookie Kit	X	X	X	X	X	X			
Egg Nog	X	X			X				

*X indicates allergen is present in product